

**EFCOG ISM WG, Environmental Subgroup
Conference Call Minutes
February 9, 2006**

Participants:

Bob Roulston (BWXT Pantex)
Scott White (KCP)
Alice Ikenberry (PNL)
Orin Haworth (NTS)
Eric Damberg (PNL)

Sonja Salzman (LANL)
Gary Shamber (SNL)
Judy McLemore (WIPP)
Steve Woodbury (DOE)

Safety Topic-- Bob Roulston: Recognizing a Stroke –Attached to Minutes (Alice – Health care provider for the site: Don't take aspirin if suspect a stroke – can kill)

Task Status--Gary & Task Team Leads (current Tasks attached (.doc and the Env-SG.pdf document provides the schedule)

Task 1: Support ISM WG in developing 'environmental training: Lead: **OPEN**

- Alice, Ben Terry (WSRC) , Shelley Grohs (Battelle – observer) as 'members' – need leader. ACTION: wait for next meeting for further effort.

Task 2: Integration of Environmental Subgroup with other ISM WG Subgroups: **Lead:** Alice Ikenberry

- Working with Dale Bignell (Washington Group). She has had conversations with Chairs of Quality & Best Practices. Share information on that at next meeting.

Task 3: Raising the Visibility and Awareness of Environmental Programs and Objectives At DOE Facilities: **Lead:** Jack Mizner

- Steve Birrer, Dave Skipper, Scott White participate.

Task 4: Setting Site EMS Goals, Objectives and Targets - Processes and Examples: **Lead:** Eric Damberg.

- Steve Birrer, Orin Haworth participating.

Task 5: Prepare and submit two best practices per year (Ongoing): **Lead:** Roger Landon

- Bob Roulston & Sonja are participating.

Task 6: Create a "living" EFCOG online "Guidebook for Managing Your EMS": **Lead:** John Irving

- Gary Shamber, Bill Bozzo & Scott White participating. They have an initial effort in circulation.

Steve Woodbury noted that JoeYanek will be in D.C. for meetings next week which may add to our plate at next meeting. Expects coordination of EMS will continue to be a focus for DOE. There is a commitment to revise the ISMS guide in the next few years, which could be an opportunity for involvement. Alice requested that if someone had ideas for Joe to discuss with DOE, please send it to Alice.

Meeting in May--Alice

Would like us to spend more time on sharing new information and site learning discussions at these meetings. Especially trying to get commitments in advance for both the monthly phone calls and

Current Environmental issues/Concerns:

- Alice: PNL has been getting messages from EPA Performance Track lead re: questions that are being received by 'activists' relating to concerns that EPA is giving 'favoritism' to participants. The bottom line: the program is struggling to retain its focus & mission.

Best Practices/Lessons Learned--All

- None provided.

Call ended at 12:25 pm PST.

Bob Roulston, Secretary

**EFCOG ISM WG, Environmental Subgroup
Conference Call Minutes
February 9, 2006**

Safety Topic: RECOGNIZING A STROKE

During a BBQ a friend stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) and just tripped over a brick because of her new shoes. They got her cleaned up and got her a new plate of food - while she appeared a bit shaken up, Ingrid went about enjoying herself the rest of the evening. Ingrid's husband called later telling everyone that his wife had been taken to the hospital - (at 6:00 pm, Ingrid passed away.)

She had suffered a stroke at the BBQ - had they known how to identify the signs of a stroke perhaps Ingrid would be with us today.

It only takes a minute to read this - Recognizing a Stroke

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke...totally. He said the trick was getting a stroke recognized, diagnosed and getting to the patient within 3 hours which is tough.

RECOGNIZING A STROKE

Thank God for the sense to remember the "3" steps. Read and Learn!

Sometimes symptoms of a stroke are difficult to identify.

Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer brain damage when people nearby fail to recognize the symptoms of a stroke.

Now doctors say a bystander can recognize a stroke by asking three simple questions:

1. *Ask the individual to SMILE.
2. *Ask him or her to RAISE BOTH ARMS.
3. *Ask the person to SPEAK A SIMPLE SENTENCE (Coherently) (i.e. . . It is sunny out today) If he or she has trouble with any of these tasks, call 9-1-1 **immediately** and describe the symptoms to the dispatcher.

After discovering that a group of non-medical volunteers could identify facial weakness, arm weakness and speech problems, researchers urged the general public to learn the three questions. They presented their conclusions at the American Stroke Association's annual meeting last February. Widespread use of this test could result in prompt diagnosis and treatment of the stroke and prevent brain damage.

A cardiologist says if everyone who gets this e-mail sends it to 10 people; you can bet that at least one life will be saved.

Be a friend and share this article with as many friends as possible, you could save their lives.